

# WHY WE USE CONCRETE IN BUILDING

Younis. R. M. H. Ali

The Public Authority for applied education and training, Kuwait

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**Abstract:** Concrete is one of the most essential and widely used construction materials in modern architecture and civil engineering due to its remarkable properties and advantages. Its exceptional strength, durability, fire resistance, and versatility make it ideal for a wide range of structures, from residential buildings to complex infrastructure projects. This material is composed primarily of cement, water, aggregates (such as sand, gravel, or crushed stone), and, in some cases, additives or admixtures that enhance specific properties (Mehta & Monteiro, 2014). The adaptability of concrete in terms of shape and size, its ability to withstand extreme environmental conditions, and its relatively low cost contribute to its widespread use (Neville, 2011). Additionally, innovations in concrete technology, such as the development of sustainable or “green” concrete, are addressing environmental concerns associated with its production and disposal (Scrivener & Kirkpatrick, 2008). This abstract provides an overview of the key reasons behind the widespread use of concrete in building construction, along with its essential properties and the ongoing advancements in the field.

**Keywords:** construction materials, modern architecture, civil engineering.

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## 1. INTRODUCTION

Concrete is one of the most widely used materials in construction due to its numerous advantages, making it ideal for building structures. Here are key reasons why concrete is used:

### **Durability and Strength**

Concrete is known for its high compressive strength, which makes it ideal for supporting heavy loads and withstanding harsh conditions (Neville, 2011). Once cured, concrete is extremely durable and can last for decades or even centuries without significant degradation, as seen in historical structures like Roman aqueducts (Alexander & Mindess, 2005).

### **Versatility**

Concrete can be molded into almost any shape, making it suitable for a wide range of building designs and architectural styles (Mindess, Young, & Darwin, 2003). This versatility allows for creativity in construction, from skyscrapers to bridges, residential homes, and infrastructure projects.

### **Fire Resistance**

Concrete is non-combustible and can withstand high temperatures, providing essential fire protection for buildings (Kosmatka, Kerkhoff, & Panarese, 2011). This makes it a preferred material for fire-resistant walls, floors, and ceilings.

### **Thermal Insulation**

Concrete has good thermal mass properties, meaning it can absorb and store heat during the day and release it at night, helping to regulate building temperatures (Li, 2003). This contributes to energy efficiency, particularly in climates with significant temperature fluctuations.

### **Cost-Effective**

Compared to many other construction materials, concrete is relatively inexpensive, especially when locally sourced (Portland Cement Association, n.d.). It also requires low maintenance, which contributes to long-term savings (Mehta, 2001).

### Workability and Availability

Concrete is made from readily available materials like cement, water, sand, and gravel, which can be sourced from local suppliers (Bogue, 1947). The material can be mixed on-site or transported ready-made, making it flexible for both large-scale projects and smaller residential constructions.

### Environmental Impact and Sustainability

Advances in concrete technology, such as the development of green concrete, have made it more environmentally friendly (Malhotra, 2002). Concrete can be made from industrial byproducts like fly ash or slag, reducing the need for raw materials and the environmental footprint of production (Hooton, 2000). Moreover, concrete's longevity reduces the frequency of reconstruction (Berndt, 2009).

### Resistance to Weathering

Concrete is resistant to weather conditions such as rain, snow, and wind, which makes it suitable for a variety of climates (Alexander & Mindess, 2005). It can also withstand chemical exposure, like acids or salts, especially when special additives are used to enhance its performance (Wang & Shah, 1997).

### Accessibility and Familiarity

Concrete is a widely understood material within the construction industry. Builders, engineers, and architects are highly experienced with its properties, making it easier to design, plan, and construct projects using concrete (Neville & Brooks, 2010).

In summary, the combination of strength, durability, versatility, and cost-effectiveness makes concrete a preferred material in building construction across various industries.

## 2. CONCLUSION

Concrete continues to be one of the most vital and versatile materials used in building construction due to its unique combination of strength, durability, fire resistance, and adaptability. Its ability to withstand harsh environmental conditions, along with its cost-effectiveness and low maintenance requirements, makes it the material of choice for a wide range of construction projects, from residential buildings to complex infrastructure (Aïtcin, 2000). Additionally, ongoing advancements in concrete technology, such as the development of sustainable or green concrete, are addressing environmental concerns associated with its production and use, contributing to more sustainable building practices (Pacheco-Torgal & Jalali, 2011).

As the demand for more efficient and eco-friendly construction materials grows, concrete remains a central focus in both research and application, with innovations continually improving its performance and minimizing its environmental impact (Bentz & Garboczi, 1991). Ultimately, the continued use and development of concrete in the construction industry are essential to meeting the demands of modern urbanization, infrastructure development, and sustainable construction.

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